

ARROW

The Official Publication of the School Nutrition Association of North Carolina

Spring 24 - Volume 111



Tell Your Story



SNA-NC 2023-24

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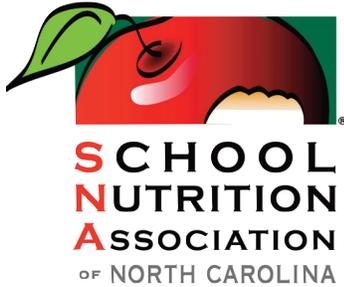


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Tell Your Story
SNA-NC 2023-24

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Mary Long Beasley Award to Ruth McDowell
Nominations due by April 30, 2024

SNA-NC Scholarships to Ruth McDowell
Entries due by May 1, 2024

Chapter of the Year Award to Ruth McDowell
Entries due by May 1, 2024

Lunch Bell Award to Ruth McDowell
Entries due by May 1, 2024

Partner in Education Award to Ruth McDowell
Entries due by May 1, 2024

Tim Greene Memorial Scholarship to Ruth McDowell
Entries due by May 1, 2024

Gene Causby Memorial Scholarship to Ruth McDowell
Entries due by May 1, 2024

Martha Gomer Spirit Award to Ruth McDowell
Entries due by May 1, 2024

SNA OF NC MEETINGS

COMMITTEE DAY

Greensboro - May 3, 2024

CHAPTER LEADERSHIP SEMINAR

Greensboro - June 11, 2024

NEW HORIZONS TRADE SHOW

Greensboro - June 12, 2024

SNA MEETINGS

SNA ANNUAL CONFERENCE

Boston, MA - July 14-16, 2024

ANNUAL CONFERENCE WEEK ACTIVITIES IN GREENSBORO

BOARD OF DIRECTORS MEETING
Monday, June 10, 2024

CHAPTER LEADERSHIP SEMINAR
Tuesday, June 11, 2024

NEW HORIZONS TRADE SHOW
Wednesday, June 12, 2024

ANNUAL CONFERENCE
Wed., June 12 - Thurs., June 13, 2024

BOARD OF DIRECTORS MEETING
Friday, June 14, 2024

ANNUAL CONFERENCE FORMS

Check out our website,
www.schoolnutrition-nc.org
for more Annual Conference
information and forms
by clicking on the Events tab
and then State Conference tab.



Tell Your Story
SNA-NC 2023-24

A Message from our President . . . Janet W. Johnson

It's so hard to believe how quickly this year has flown by. We are in the last few months of the 2023-2024 school year and summer is quickly approaching. I am hopeful that you have found ways to enhance and share your story. I can certainly tell you that my story has changed tremendously, through engaging with each of you at the district meetings. I believe that Dr. Harvey and I found a "Fountain of Youth" in each of the meetings. We left each one feeling more alive and rejuvenated – all because of YOU. I cannot wait to spend time with you at the SNA-NC Conference in Greensboro in June. I know it is going to be a fabulous time based on some of the inside scoop that I have. Don't miss out. Get it on your calendars now.

Many select a word that becomes the focus for the new year. For me in 2024, I chose a word that is both personal and professional – GROWTH. We should strive to grow each day in some way. It can be a small growth: trying a new type of food, listening to a different genre of music, or simply choosing to begin a new day looking in the mirror and telling yourself how fabulous you are. I am happy to say that I've tried some new foods and listened to some different music but I haven't made it to "fabulous"

when I look in the mirror; I am stuck on "you are better today than yesterday" but I will get there.

Professional growth is something that I am asking you to help me with. I want to see the number of members in SNA-NC grow and I especially want to see the number of SNA-NC members who are certified grow. So, how can YOU help? You can help grow membership, by sharing with non-members all the benefits and rewards you have by being part of the Association. If they hear first-hand from someone they trust, they are more likely to want to be part of it. If you are not currently certified, consider taking that next step. Being a certified member opens many doors to you. It allows you to serve on committees and eventually become eligible to serve as an officer/member of the board.

Over the past few years, your presidents' themes have been about preparing **YOU** to be the next leader in SNA-NC. Kristen Bealler's "Finding Success in **Your** Journey", to Dana Edwards' "Bloom into **Your** Potential" and then Ruth McDowell's "Stir Up **Your** Gifts" have been about your professional growth. I've challenged you this year to "Tell **Your** Story". I am hopeful that story will include increasing membership or becoming



certified. Remember, the sky is the limit; **YOU** are the only thing standing in the way.

So, it's UP, UP and Away in a beautiful balloon – I will admit the view is phenomenal and I want to share it with others. If SNA is in your DNA, and you aspire to be more involved at the local and state level, I will tell you the journey is well worth it. Keep growing personally and professionally; I can't wait to see what the future holds for each of you.

Much love,

A handwritten signature in black ink that reads "Janet W. Johnson". The signature is written in a cursive, flowing style.

Janet W. Johnson
SNA-NC President
2023-2024

CANDIDATES



VICE PRESIDENT **Angela Rodriguez,** **REHS, SNS**

*Director of School Nutrition
Currituck County Schools*

My name is Angela Rodriguez, and I am excited to announce I am running for the seat as the Vice President of SNA-NC. I hold a Bachelor of

Science in Chemistry from Elizabeth City State University and a Certificate in Public Health from UNC-CH. I am a Registered Environmental Health Specialist; as well as hold my credential as a School Nutrition Specialist. I hold many hats of responsibilities; however, being a wife and mother are my most treasured.

My career in food safety began as the local Registered Environmental Health Specialist (aka Health Inspector) in Currituck County in 1996. For 15 years I was responsible for all food safety, childcare, public pools, and the local wells program. I worked closely with our local Cooperative Extension Agency to provide a local ServSafe® Food Managers Program to all our food facilities. Throughout the years, I have helped train over 300 people in food safety in and around our county. Education is key to success in a program that is evolving regularly to maintain safety.

After serving my community as their local inspector, I took a leap of faith in 2011 and accepted the position I currently hold as the Director of School Nutrition with Currituck County Schools. Currituck County Schools is made up of ten schools and around 4700 students. I currently lead 37 staff members in their daily activities to provide safe foods in an effective way. I feel privileged to work together with my staff to provide safe, healthy, and enjoyable meals.

My roles with SNA-NC have varied from volunteering as a judge in the Culinary Arts, chairing the Nutrition Committee, attending the Future Leaders Conference, and I was honored to be an opening speaker last year at SNA-NC State Conference. My goal, if you choose to select me as your Vice-President, is to continue to provide support to all our professionals through

engaging educational opportunities and to empower you all to know your worth in the roles you play. You are not only a hero one designated day of the year; you are a hero to many every day you show up and provide safe and healthy meals to your students. You make a difference in the lives you touch. Thank you for the consideration and for taking a moment to get to know me.



VICE PRESIDENT **Imer Smith**

*School Nutrition Director
Brunswick County Schools*

My name is Imer Smith, I am the School Nutrition Director in Brunswick County Schools. I have been in School Nutrition for 25 years and in food service a total of 39

years. I started my love for food service at 15 years old and never looked back. While I was in college at UNC-Greensboro, I completed an internship with Guilford County Schools Nutrition Department and had a first-hand experience with Summer Food Service Program. That's where I knew I wanted to stay in School Nutrition. After my Dietetic Internship, I went back to my hometown of Wilmington, NC and started my dream job as a supervisor in New Hanover County Schools and later became the Director.

I have been a member of SNA since 1996 and have served on local committees and on State committees. Currently, I am the SNA-NC District 2 Director and carried out the duties as a liaison between the affiliated counties in the District and the Board by sharing clear communication with counties, organized two successful District meetings, and performed other duties as assigned by the President, the Board or Association governing documents.

As our current theme is "Tell Your Story", I am looking forward to this next story and run for the office of Vice President. I will not let you down. I am eager to serve as Chair of the Resolutions & Bylaws Committee and ensure members are aware of what's happening in school nutrition. You will see I am very energetic and love to smile. Your vote counts.

CANDIDATES



DISTRICT II DIRECTOR

June Rich

*School Nutrition Manager
Lenoir County Schools*

Hello, my name is June Rich. I am currently a School Nutrition Manager in Lenoir County at South Lenoir High School. I have 20 plus years of leadership and school

nutrition experience. I was nominated in 2022 as SNA Manager for NC. I have been a member of SNA since 2007. I currently have a level 4 certification and I am on my 3rd term as President in our local SNA chapter. I hope you will let me serve you as your District II Director.



DISTRICT II DIRECTOR

Billy Nease

*School Nutrition Supervisor
New Hanover County Schools*

I have been an employee of New Hanover County Schools since 2006 working primarily in the Child Nutrition Department and for a short time in our Finance Department. I have been a

Child Nutrition Supervisor since November 2022. I have also held positions with NHCS in our catering department, accounts payable, payroll/human resources, and accounting. I am a Marine Corps veteran and worked in the restaurant industry before coming to New Hanover County Schools.

My first experience with Child Nutrition as an employee was delivering and serving food in my hometown of Wilmington, NC through the Summer Food Service Program. This was an eye-opening experience to see first-hand a need that I didn't know existed and was the first of many experiences that have left me thankful that I found Child Nutrition as a career

that I can take great pride in.

I am currently a member of the SNA-NC Public Policy and Legislation Committee. I have had the opportunity to work with many phenomenal, supportive leaders through my time with NHCS and the School Nutrition Association. I look forward to continuing that tradition and would be excited if given the opportunity to serve as District II Director.



DISTRICT IV DIRECTOR

Chela Scott

*Child Nutrition Executive
Administrative Assistant
Hoke County Schools*

Allow me to introduce myself, my name is Chela Scott. I am presently in my eleventh year in Child Nutrition and Hoke County Schools. Currently, I am the Executive Administra-

tive Assistant, however, I served as a Manager for seven years, beginning at the smallest elementary school in the district, McLaughlin Elementary School, then West Hoke Elementary and finally serving at the second largest school in the district, Rockfish Hoke Elementary, where I attended elementary school as a child. Ironically, I first worked with Child Nutrition the summer following my ninth-grade year. I volunteered as a camp counselor because my mother worked with a local community support organization. My passion for cooking and food led me to assist the "Cook" throughout the summer, in what I now know to be the Summer Food Service Program.

When I began with Hoke County Schools in 2012, I hit the ground running, serving my local SNA Chapter as Secretary. I have served my local chapter over the years in various positions to include Secretary, Vice President, President-elect, Chapter President and for the past four years, I have served as Treasurer. I look forward to serving the School Nutrition Association on the state level as your District IV Director.

Most importantly, I have been blessed to have been married for over 14 years to my High School

CANDIDATES

Sweetheart, Jeffery and we share two amazing children Chad, 16, and Noel, 12. I am very active in my church where I serve on the Pastor's Aide Committee, Hospitality, Head of the Greeter's Ministry, Dancer, and Social Media Coordinator and Assist with the Audio Visual.



DISTRICT VI DIRECTOR

Kathy Ross

*Area Supervisor
Charlotte Mecklenburg
Schools*

I am currently an Area Supervisor for School Nutrition with CMS, love the challenge of managing my cafeteria teams and Manager Trainings. This

will be my 3rd time as District Director and I love visiting the counties in my area.

I have an extensive background in nutrition, sanitation, and catering, but I have a competitive approach as well. I am fueled by my passion for understanding the need for healthy school meals. I consider myself a 'forever student,' eager to both build on my academic foundations in nutrition and business management and I stay in tune with the trends in school nutrition through continued coursework. Meanwhile, in my area, I have vastly improved the productivity of my team by implementing time management methods and ensuring a work-life balance with my area.

I believe mindfulness in the workplace is key to success – I'm married to a wonderful man and have one biological son and three bonus children. My interests are spending time on our boat, journaling, meditation, hiking, and playing the flute in my local community band. My hunger for knowledge and determination is to turn information into action and I contribute my success at CMS and I'm blessed to be your District Director again.



DISTRICT VIII DIRECTOR

Angela Pless

*School Nutrition Manager
Haywood County Schools*

My name is Angela Pless. I am from Haywood County. I've been married to the love of my life for 32 years. We have two wonderful children and four beautiful Grands that are the light of our lives! I have been with school nutrition for almost 17 years. I started out as a part time assistant and over the years have worked my way up to a full time assistant. I started out this school year 2023-2024 as a cafeteria manager. I have been an active member of the School Nutrition Association since I was hired. I have served as president of my district for the last two years and I am currently serving my second year as a member on the SNA of NC Endowment Committee.

Pizza Day at Clayton Middle School

Johnston County celebrated Pizza Day in January at Clayton Middle School in honor of National Pizza week. For Pizza Day, they provided a cheese pizza as the base and offered additional toppings for the students to create their own pizza flavors. Some of the toppings were mushrooms, fresh basil, taco meat, barbeque chicken, pineapple, pepperoni, and jalapenos to name a few. They provided a menu of different pizzas flavors they could build using the toppings offered. The students loved it! They had a trivia contest to see what students knew about pizza and the history of it. The Principal, Mrs. Sandra Morris, and their very own Superintendent, Dr. Eric Bracy, also joined in to top their pizzas as well. It was a lot of fun and the students enjoyed it so much.



Tell Your Story

By Stephanie Hall, President-elect and Conference Chair



The 2024 Annual Conference “Tell Your Story” is coming together! We are so excited to have you join us for a great time of fellowship, learning, and catching up. Remember that we will meet one week earlier this year (June 10-14), so please plan accordingly. Staying with the theme of “Tell Your Story,” we want you to tell yours. Make sure people know how you got to where you are, and why you love your SNA journey.

The first chapter of our conference will kick off Monday, June 10, with three pre-conference workshops provided by the North Carolina Department of Instruction (NCDPI). The Administrative Review Process: An Approach to Collaborative Compliance, Safe Plates, and New School Nutrition Manager Workshop will be offered on Monday and Tuesday. Pre-registration is required as space will be limited.

Culinary Arts is definitely a place for you to show off your talents, so I hope you will take that leap and join the competition on Tuesday, June 11. Chapter Leadership will be held Tuesday afternoon from 3:30-5:30 during Culinary judging. You will see registration information on the Conference registration form.

Our conference will officially kick off with the New Horizons Trade Show on Wednesday morning. As we did last year, we will continue with Buyer’s Morning, with plenty of time for managers and assistants to enjoy the show as well.

First Timers, make sure to join us for the First Timers’ session to learn how to make the most of your conference experience! You will have plenty of tools to help you navigate.

You will have many opportunities to network and show off at this year’s conference; from Culinary and Creative Arts, to educational mini sessions and two fabulous general sessions, and of course FUN night! We’re looking into shaking things up a little, but dancing is definitely going to be one of those things! And don’t forget our Endowment raffle! There are always so many amazing items to bid on!

Our conference story will end on Thursday, June 13, with our banquet, awards, and the installation of the 2024-2025 Board of Directors. Please plan on joining us for this special evening.

I can’t wait to see everyone at the 2024 Annual SNA-NC Conference. Tammy Rinehart and I have lots for you to do and see. You will definitely be able to add to “Your Story.”

President’s Luncheon

By Ruth McDowell, SNA-NC Past President

Come celebrate with SNA-NC on Thursday, June 13, 2024, as we honor past presidents and celebrate our current president, Janet Johnson, during our annual President’s luncheon. This special luncheon salutes the many achievements of our current and past presidents. We have a delicious meal planned for you, in addition to a small token of our appreciation for being trailblazers and mentors of SNA-NC. This luncheon provides you with an opportunity to network and share the rich history of SNA-NC and the many accomplishments of our great leaders.

We invite all Chapter Presidents, current or past Board Members, and anyone interested in becoming a Future SNA-NC Leader to join us at our President’s Luncheon.

SNA-NC Past Presidents, this exclusive event is offered to you at no cost; simply RSVP to me directly at rmcdowell@ecps.us to reserve your spot. For all other attendees, please make your reservation for this event on the Annual Conference Registration Form and include the cost of the meal with your registration. We look forward to having a wonderful luncheon with you!

****Please indicate any SPECIAL MEAL REQUIREMENTS (Vegetarian or Gluten Free only) on your Conference Registration or in your RSVP.***

INDUSTRY SEMINAR - WILMINGTON, NC

By Amy Stanley, Industry Chair

The 2024 Industry Seminar held at the Hotel Ballast in downtown Wilmington, NC, from January 29-31, 2024, was a successful and engaging event. With over 180 participants, the seminar covered various topics and activities over the three days.

The seminar kicked off on Monday with a session titled "Back to Accounting Basics" by Janet Johnson and Ben Hooks, providing valuable information and fostering insightful conversations. Tuesday's opening session, "Leadership for Success Cultivating Emotional Intelligence in Ourselves & Those We Lead" by Susan Cole, set the tone for the day. Updates from Janet Johnson of NC DPI and Walter Beal of NCDA&CS added to the informative content.

The Golden Opportunity Networking Lunch provided a platform for Industry Partners and School Nutrition Professionals to engage in networking and discussions. The afternoon featured 12 Innovation Stations, where Industry Partners had the opportunity to share the latest products and services with School Nutrition Professionals on a one-on-one basis.

Tuesday evening concluded with a pleasant dinner and fellowship, creating a positive atmosphere for everyone involved. Wednesday started with the Tabletop Show, allowing Industry Partners to showcase their products and services. Janet Johnson closed the event with a session on "School Nutrition Finance in 2024."

A special appreciation was extended to our Industry sponsors, with special acknowledgment to Platinum Sponsor, NCDA & CS. The Industry Committee expressed gratitude to all attendees and invited them to join again for the Industry Seminar in 2026.

Overall, the Industry Seminar provided a platform for learning, networking, and collaboration, contributing to the professional development of participants in the field of school nutrition.



Meet our Guest Speaker for Conference – PIERRE QUINN

So, what's it like to hear from Pierre? Here's what one of his clients had to say: *At our conference, he surpassed even my grand expectations for the keynote! We wanted someone who would present a powerful message and engage our audience. He delivered that and more! All of our attendees kept asking: "When can we book Pierre next for our conference?"*

Pierre Quinn serves as principal of The Cardell Group, a leadership development and consulting firm with a focus on empowering others to better lead themselves, their teams, and their organizations. Pierre's experience teaching college business, interpersonal, and human communication courses set the foundation for him to motivate, challenge, and inspire leaders around the world. As a gifted communicator and engaging storyteller, the most frequently asked by his clients post presentation is, "When can Pierre come back?"

Pierre holds graduate degrees in communication and theology from Andrews University. He also holds a certificate in executive leadership from Howard University and a certificate in Principled-Centered Management from The Focus Leadership Institute. As a faculty orchestrator for Duke Corporate Education, he has facilitated leadership programs in the US, Canada, Asia, and the GCC. Pierre is the author of two books on leadership, *Leading While Green: How Emerging Leaders Can Ripen Into Effective Leaders* and *Leading While Scared: How To Find The Courage To Keep Going*. In 2023 and 2024, Pierre was named one of Global Guru's Top 30 leadership professionals.



Mary Long Beasley Award

Many of our veteran members will remember Mary Long Beasley. She was a CN director with Nash/Rocky Mount, Johnston County and Washington City Schools. She served as Assistant Director of the Child Nutrition Service Section, North Carolina Department of Public Instruction. Mary Long has served as President of the North Carolina Food Service Association and lobbied for nutrition programs for children at the state and national levels. She lost a valiant battle with cancer and left a void in our membership that will never be filled. To know Mary Long, was to know school nutrition. Her positive and optimistic outlook was contagious for those who met her. She was dedicated to providing healthy meals to students to promote learning. Her joys of work and child nutrition were evident in all she did.

SNA-NC recognizes members each year that exude the same joy and optimism that was known in Mary Long. Her family (along with a review team) selects a deserving employee, manager, supervisor, and director to receive the coveted Mary Long Beasley Distinguished Service Award. They are looking for the same attributes in members that were exemplified in Mary Long's life.

You know the kind of person who serves our students every day, who works with joy and enthusiasm, who is always bright and cheerful, and who makes a difference in the lives of others. Please take a minute to complete the nomination form (found on our www.schoolnutrition-nc.org website) to recognize a deserving individual for this award. Most of the time, these individuals are behind the scenes and rarely recognized for what they do. You know their value, and you know how much we would appreciate recognizing them at the awards ceremony in June. Thank you for taking the time to recognize a deserving individual in your school system. Every nominee is a winner because they make a difference in the lives of students!



North Carolina Department of Public Instruction Office of School Nutrition Pre-conference Workshops for SNA-NC 2024

The Administrative Review Process: An Approach to Collaborative Compliance June 10-11, 2024 Koury Convention Center

Who should attend: *School Nutrition Administrators who wish to learn more about the Administrative Review process.*

North Carolina Department of Public Instruction Office of School Nutrition will offer a pre-conference workshop for School Nutrition Administrators wishing to learn more about the Administrative Review conducted in the School Food Authority. The workshop will be held at the Koury Convention Center in Greensboro. Registration is open to all School Nutrition Administrators and preferential seating is given to administrators with Administrative Reviews occurring early in the review cycle schedule. Please register in advance.

New School Nutrition Manager Workshop June 10-11, 2024 Koury Convention Center

Who should attend: *New and aspiring school nutrition managers who have not attended a previous session of the School Nutrition Manager Leadership Workshop.*

North Carolina Department of Public Instruction Office of School Nutrition will offer a pre-conference workshop for new and aspiring School Nutrition Managers. The workshop will include introductory information and overviews for meal patterns and offer vs. serve, meal counting and claiming, cash management and accountability, Food Safety and Hazard Analysis Critical Control Point (HACCP) plan, inventory management, production records, and customer service. Please register in advance as on-site registrations cannot be processed due to limited seating space.

Safe Plates for Food Managers: A Certified Food Protection Manager Course and Examination June 10-11, 2024 Koury Convention Center

Who should attend: *School Nutrition Professionals seeking Certified Food Protection Manager (CFPM) certification.*

North Carolina Department of Public Instruction Office of School Nutrition in cooperation with North Carolina State University will offer a Certified Food Protection Manager (CFPM) course and examination at the Koury Convention Center in Greensboro. The course will prepare participants to successfully direct food safety practices in the school nutrition program and complete an American National Standards Institute (ANSI) accredited CFPM examination which will be administered as part of the workshop. This exam meets the certification requirements as specified in Paragraphs 2-102.12(A) and Section 2-102.20 of the North Carolina Food Code Manual. Please register in advance as on-site registrations and payments cannot be processed.

**Check the SNA-NC website and School Nutrition Update Newsletter
for registration links and meeting times.**



Educational Mini Sessions

Thursday, June 13, 2024

Session 1 10:15 am – 11:15 am

Session 2 11:30 am – 12:30 pm

Session 3 2:00 pm – 3:00 pm

Session 4 3:15 pm – 4:15 pm

“Let Us Play Series-Unleashing Your Potential”

Lisa Caughman Payne, School Nutrition Director, Buncombe County Schools

A session for managers to learn about growth mindset, personal growth as a core value, self-confidence, and vision castings. Attendees will leave with tools to communicate with administrators.

“Step-by-Step Guide to Start and Maintain a Chapter”

SNA-NC District Directors, Imer Smith, School Nutrition Director, Brunswick County Schools, District Director Chair

Do you need more information on how to start and maintain an SNA chapter in your district? This session can help! It will be interactive and informative.

“What’s in an Award or Scholarship?”

Danelle Moore Smith, SNS, School Nutrition Director, Lenoir County Schools

It does take time and effort to recognize employees for scholarships and awards, but the benefits are endless. Come see why it benefits everyone in your district to nominate your staff.

“Make It-Take It”

Janette Broda, SNS, School Nutrition Director, Transylvania County Schools, SNA-NC Nutrition Chair and the SNA-NC Nutrition Committee

Always a fan favorite! Participants will have the opportunity to prepare fun ideas to promote National School Lunch Week in October 2024.

“Culinary Arts-Where to Start”

Jamie Narron, School Nutrition Consultant, North Carolina Department of Public Instruction

Are YOU one of the school nutrition professionals in North Carolina that has a creative side, and you want others to see what you have to offer? Do you have a competitive nature? If so, Culinary Arts is perfect for YOU and so is this session. When you leave the session, you will have a greater understanding and be prepared to compete in June 2025. Topics covered will include what is culinary arts, rules, what judges are looking for, past winners, and common mistakes. This will be a great information session for someone who has never participated before or who may have had entries disqualified.

“Office Chair Yoga”

Elizabeth Becker, Former Graduate Assistant, Hollins University

This chair yoga class is designed to be accessible in an office or seated environment, addressing common physical and mental challenges associated with prolonged periods of sitting and work-related stress. This class will allow participants to recharge and refocus without leaving their chairs. This sequence emphasizes breath awareness and subtle energy activation to enhance mental clarity and energy flow. Overall, this class is designed to promote physical comfort, reduce tension, and enhance mental clarity and relaxation, all while seated in a chair. Modifications are offered throughout.

“Connecting with Kids and Families from Poverty”

Mike Crabtree, Principal Coach, Blount County Schools

School lunchrooms not only nourish the body, but they are the soul of the school. As the keeper of the school culture, it is critical for staff to make connections with all kids, especially those facing the challenges of living in poverty. This inspiring workshop will leave you with the information and encouragement to make a difference. Participants will be informed with the background knowledge on poverty and reasons for the challenges we face connecting with kids and families. They will be encouraged by connecting knowledge with practical strategies to intentionally build meaningful relationships.

Conference Agenda at a Glance

June 10, 2024

- DPI Pre-conference Workshops

June 11, 2024

- DPI Pre-conference Workshops
- SNS Credentialing Exam
- Culinary and Creative Arts
- Chapter Leadership Workshop

June 12, 2024

- New Horizons Trade Show
- First Timers Session
- Delegate Assembly
- First General Session
- FUN Night

June 13, 2024

- Second General Session
- Educational Mini Sessions
- President’s Luncheon
- Banquet / Awards Ceremony / Board Installation

Visit our website at
www.schoolnutrition-nc.org
for more up-to-date
conference
information.

Educational Mini Sessions *continued*

“Filling the Knowledge Gap-A Closer Look at Commercial Dish Machines”

Matthew Cautin, Sales Development Manager, ITW Food Equipment Group-Hobart Warewash

Food Service Directors are well versed in the ins and outs of most food equipment within their kitchen but often rely on others within their sphere of influence to educate them about commercial dish machines. The goal of this presentation is to educate and empower Food Service Directors and employees to feel comfortable and confident purchasing, sizing, and using commercial dish machines.

“Production Records from Start to Finish”

Nancy Mintz, School Nutrition Manager, Brunswick County Schools; Amber Marco, School Nutrition Supervisor, Brunswick County Schools; Crystal Turner, School Nutrition Compliance Coordinator, Elizabeth City-Pasquotank Schools; Shanita Cole, School Nutrition Compliance Coordinator, Elizabeth City-Pasquotank Schools

Participants will start with a lesson on the start of how to complete the production record and then focus more time on the “how to finish” and complete the production record. Participants will see what information must be included and be able to see the “why”.

“Being Blessed in Your Job and Pleasing to the Lord”

Pamela Sheets, School Nutrition Consultant, North Carolina Department of Public Instruction

This session uses humor to provide Dolly Parton’s wisdom to encourage others to be happy in their job, in addition to using your gifts to keep it simple in School Nutrition.

“Cooking with Conflict”

Cindy Marion, Private Consultant, Summit Group and Gary Gay, Private Consultant, Summit Group

Discover tips to identify common conflict triggers in school kitchens and methods to deal effectively with them when they occur. This session is designed to help the learner improve communication and enhance their work environment.

“Telling Our Stories”

Past SNA-NC Presidents-Gretchen Wilson (2003-2004), Dana Edwards (2021-2022), Marilyn Moody (2006-2007), Cindy Marion (2004-2005), Cynthia Sevier (1997-1998), Alison Francis (2015-2016), Lois Hood (2010-2011), Fred Gilbert (2019-2020), Reggie Ross (2013-2014-SNA President 2020-2021), Kathy Buelin Caudle (2007-2008)

Please join us as our past presidents tell their stories. Hear the stories of their journey to leadership and the many lessons they have learned along the way. See why “SNA is in their DNA”.

“PP&L, Advocacy 101”

Robert Rolfe, School Nutrition Director, Henderson County Public Schools

An overview of the political climate nationally and at the state level. SNA position papers and how you can advocate for the future of school nutrition.

“Farm to School”

Walter Beal and Staff

Farm to School part 2 (different session topic)

Walter Beal and Staff

“Healthy Kitchen, Healthy You”

Amy Moyer, M.Ed., RDN, LDN, CCMS Assistant Professor, UNCG

The School Nutrition Association of North Carolina Endowment Committee is excited to present the following educational mini session at this year’s annual conference. The session is co-sponsored by the Nutrition and Dietetics Department at The University of North Carolina at Greensboro. Come learn how Culinary Medicine is leading the way in treating and preventing chronic disease including diabetes, hypertension, and heart disease; effectively known as “The Art of Food and Cooking meets the science of Nutrition and Medicine.” Culinary Medicine allows us to focus on healthier eating but also includes tips and techniques for making meal preparation more efficient and enjoyable for even the most novice cook.

Join the UNCG Dietetic Interns as they prepare an Energy Bite recipe that makes an easy to prepare, portable snack that provides a nutritional punch! See you at our Educational Mini Session.

Chapter Leadership Seminar 2024 *“Tell Your Story”*



The volunteers and leaders of the School Nutrition Association of North Carolina are the driving force behind a successful local chapter. Have you ever wondered what you can do to “Tell Your Story” and use those stories to transform your local SNA Chapter? If so, this session will provide training on how to implement strategies to become a successful leader. Please join Tammy and Stephanie as we help you navigate your story and work to promote your chapter and your members. These are skills that can be used as a leader, at work, or in your daily life. If you are a current leader or if you desire to step up to the call of leadership, you will not want to miss out on this great opportunity. We’re also going to have some fun while we learn!

Some of the topics planned include:

- Discovering Your Leadership Skills & Goal Setting
- Recognizing Leadership Skills in Others
- Taking Your Chapter to the Next Level
- Professional Communication
- Best Practices from Local Chapters

DATE: Tuesday, June 11, 2024 • TIME: 3:30 pm - 5:30 pm

COST: \$15.00/person (includes training materials) REGISTRATION: See the Conference registration form.

Guest Room Reservations for SNA-NC Annual Conference and New Horizons Trade Show

MAKING RESERVATIONS

The Sheraton now takes reservations through PassKey, and has set up a dedicated website for conference attendees and trade show vendors to book their hotel rooms.

Reservations can be made at this website, <https://book.passkey.com/e/50788568>

The link will also be posted on our SNA-NC website, www.schoolnutrition-nc.org.

The cut-off date is 6:00 pm on May 10, 2024, so be sure to make your reservations as soon as possible.

The rate is \$149 + Tax per night.

JCPS School Nutrition Department Participated in Smithfield Christmas Parade

JCPS rented a float for the Smithfield Christmas Parade, the largest parade in Johnston County, in December. They worked with Heather Barnes from NC Agriculture to use their costumes. Several members participated by riding on the float, dressing up as fruit and veggies as well as walking with the characters so they were safe. The Corn (Christopher Watson) was a HUGE hit with the kids, as well as the parents. Muriel Brooks walked with him and was able to capture the families wanting to take pictures with him, give hugs, and high fives. It was so much fun. They had the Strawberry (Brittany Watson) riding on the float and the Apple (Maria Dunkley) walking beside the float. School Nutrition Director, Jennifer Lawson, along with several of the office staff and cafeteria managers rode on the float as well. It was so much fun hearing them shout "Eat School Breakfast" and "Eat School Lunch" as they rode down the 2 mile stretch. We have received so many compliments since doing this that now other department Directors within Johnston County Public Schools want to get involved with the parade next year!



Culinary/Creative Arts 2024

By Jamie Narron, Culinary/Creative Arts Chair



General Information for all Participants

- Participant must be an SNA-NC member and pre-registered for the SNA-NC Annual Conference.
- Entries must be in the name of an individual member. School entries are not permitted.
- Entry forms must have the correct contact information (phone & email) and the print is legible. (Please PRINT)
- There are 5 Culinary Categories and each category has 3 to 4 subcategories. There are 4 Creative Arts Categories. You can only select one subcategory out of each Culinary Category and can select all 4 Creative Arts Categories. *Ex: Dessert Category, you select cookies. Therefore, you can't select cakes as another option.*
- Entries are due by May 10, 2024.
- Only the individual competitor will be permitted into the setup area. Please give careful consideration to your entries this year and make sure you allow yourself enough time for setup.
- **Once you complete a successful submission, you will be emailed a confirmation and an optional virtual invitation for May 30, 2024, at 3:00 pm to go over competition rules and regulations.**

Before submitting your entry, please make sure you understand the requirements for the category you are entering. If you have any questions on a category, please email them to jamie.narron@dpi.nc.gov or call at 919-520-3632.

Some of the categories must follow the K-5 meal pattern. Below are the K-5 meal pattern requirements for your convenience. Please note that these are the required minimums per day.

K-5 Breakfast Meal Pattern 2023-2024	K-5 Lunch Meal Pattern 2023-2024
1 cup Fruit	½ cup Fruit
1 ounce Grain	1 ounce Grain
1 cup Milk	1 cup Milk
	¾ cup Vegetable
	1 ounce Meat/Meat Alternative

Division 1: Culinary Arts - 5 Categories: 17 Sub-categories

Category 1: Complete School Lunch or Breakfast Plate Category

All entries should follow the K-5 Meal Pattern for 2023-2024 and must represent a complete reimbursable meal.

Food components may be weighed or measured. **No recipe card needed.**

A. Lunch/Entree Meal - Entree meal is served with appropriate fruit(s), vegetable(s), grain, and milk.

Examples: BBQ Chicken, Pizza, and Soup.

B. Sandwich or Wrap Plate - Entree is served in a bun, wrap, or between appropriate grain. The entree should include the meat and grain and be served with appropriate fruit(s), vegetable(s), grain, and milk.

Examples: Hot Dog, Cheeseburger, and Taco.

C. Ethnic Plate - Entree must be ethnic food and is served with appropriate fruit(s), vegetable(s), grain, and milk. *Example: Orange Chicken with Vegetable Fried Rice*

D. School Breakfast Plate - Entree is served with appropriate fruit(s) and milk.

Examples: Muffin, Breakfast Pizza, and Biscuit.

Category 2: Entree Category

An entree is defined as a combination food item intended as the main component of the meal. All entries should follow the minimum USDA serving size for 2023-2024. **A recipe card, no card size limit, is required for this category.** No pre-packaged items should be used.

- A. **Meat/Meat Alternative Entree** - Entree must contain an M/MA component and may include grain. *Examples: Fish Sandwich, Chicken Salad and Roll, Teriyaki Beef and Rice.*
- B. **Grab & Go/Second Chance Breakfast** - This entry must follow the K-12 breakfast meal pattern as well as emphasize convenience and marketability. It must be displayed the way it is served and then displayed on a tray.
- C. **Entree Salad** - Entree salad that meets the meal pattern contribution for K-5 for M/MA and salad mix. The salad must also include an additional ½ cup serving of any vegetable. *Examples: Taco Salad with Chips/Black Beans/Taco Meat, Grilled Chicken Salad on top of Salad Mix with Corn Salsa.*

Category 3: Single Component Fruit/Vegetable/Grain Category

Serving size must be at least ½ cup and meet the meal pattern contribution for K-5. **A recipe card, no card size limit, is required for this category.**

- A. **Commodity Fruit** - Entry must include at least two ingredients, with one being a commodity fruit, that could be served as part of a reimbursable meal.
- B. **Commodity Vegetable** - Entry must include at least two ingredients, with one being a commodity vegetable, that could be served as part of a reimbursable meal.
- C. **NCDA Farm to School Fruit or Vegetable** - Entry must include at least two ingredients, with the main ingredient being a fresh fruit or vegetable product, that could be served as part of a reimbursable meal. The Farm to School fruit or vegetable must be from the most recent Farm to School product calendar at: Delivery Calendar | NC Farm to School
- D. **Whole Grain (Non-Bread) Side Dish** - A grain product that could be served as part of a reimbursable meal. *Examples: Rice Pilaf, Couscous, Pasta Salad.*

Category 4: Bread Category

Entries do not have to meet meal pattern contributions. **A recipe card, no card size limit, is required for this category.** A serving should be displayed for sampling and should be cut from or part of the original entry.

- A. **Yeast/Sweet Yeast Breads** - *Examples: Cinnamon Rolls or Buns, Yeast Rolls*
- B. **Muffins & Biscuits** - *Examples: Blueberry Muffins, Buttermilk Biscuits*
- C. **Quick Breads** - *Examples: Banana Bread, Zucchini Bread*

Category 5: Dessert Category

Entries do not have to meet meal pattern contributions. **A recipe card, no card size limit, is required for this category.** A serving should be displayed for sampling and should be cut from or part of the original entry.

- A. **Cookies** - *Examples: Rolled, Dropped, Bar Cookies, Brownies, Peanut Butter Delights*
- B. **Cakes** - Any style of cake with minimal decorations
- C. **Cupcakes** - Any kind of cupcake

Division 2: Creative Arts - 4 Categories

Entries should be less than or equal to 25” wide x 25” long x 36” high. Size is important and entries will be disqualified if the incorrect theme or size is used. All entries must be original concepts and cannot be purchased from florist, craft supplier, or bakery as those will not be eligible.

- A. **National School Lunch Week Decoration** - Use the 2023 National School Lunch Week Theme “Level Up with School Lunch.”
- B. **National School Breakfast Week Decoration** - Use the 2024 National School Breakfast Week Theme “Surf’s Up with School Breakfast.”
- C. **Decorated Special Occasion Cake** - Sheet or tiered cakes where emphasis is on decoration. Cake must be entirely edible with the exception of support for tiered cakes.
- D. **Farm to School Display** - Any display using Farm to School products from the most recent Farm to School product calendar at: Delivery Calendar | NC Farm to School
(Participation in the Farm to School program by the LEA is not a requirement for this category. Fresh produce items used in the display are limited to those grown in North Carolina. Bananas and oranges are not allowed since they are grown in North Carolina but are not on the Farm to School product calendar.)

SNA-NC Culinary Arts/Creative Arts Competition 2024 Entry Form

Please Print Clearly and Complete each line. This Form must be Legible. DUE: May 10, 2024

Person who submits an entry must be an SNA-NC member and be pre-registered for the SNA-NC Annual Conference.

YOU MAY MAKE COPIES OF THIS FORM.

Print Name of Entry Participant **Membership # (Required)**

School System **School Name**

Contact Address **City** **State** **Zip**

Email Address (Required) **Cell Number (include area code)**

Please refer back to the rules when making your selection.

Culinary Arts Division

You may choose only 1 selection out of each category. Please circle CLEARLY.

CATEGORY 1	CATEGORY 2	CATEGORY 3	CATEGORY 4	CATEGORY 5
Complete School Lunch or Breakfast Plate Category	Entree Category	Single Component Category	Bread Category	Dessert Category
Lunch Entree Meal	Meat/Meat Alternative Entree	Commodity Fruit	Yeast Breads/Sweet Yeast Breads	Cookies
Sandwich or Wrap Plate	Grab/Go Second Chance Breakfast	Commodity Vegetable	Muffins/Biscuits	Cakes
Ethnic Plate	Entree Salad	Farm to School Fruit/Vegetable	Quick Breads	Cupcakes
School Breakfast Plate		Whole Grain Side Dish		

Creative Arts Division

You may select all 4 categories. Please circle CLEARLY.

National School Lunch Week Decoration	National School Breakfast Week Decoration	Decorated Special Occasion Cakes	Farm to School Display
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ENTRIES MUST BE SENT TO: **Jamie Narron, NCDPI, School Nutrition Consultant**
8160 NC Hwy. 39, Middlesex, NC 27557
jamie.narron@dpi.nc.gov (Preferred Contact)

School Lunch Hero Day

By Janette Broda, MHS, RD, LDN, SNS Nutrition Chair

School Lunch Hero Day will be celebrated on Friday, May 3, 2024 this year! This is an opportunity to show appreciation to the professionals who are making a difference for every student who comes through their cafeteria. School Lunch Hero Day was created by a partnership between the School Nutrition Association and children's author Jarrett Krosoczka—the author of a number of picture books including the “Lunch Lady” series.

In celebration for this very special day to show appreciation to the professionals who help make meals for your students, share their story!

Here are a few ideas to help honor our school nutrition professionals:

1. Display banners with a message of gratitude, thanking the professionals for their hard work.
2. Make greeting cards and give the cards to them.
3. Create a video of students sharing their story through experiences they've had in the cafeteria.
4. Write a media release sharing your department story highlighting the importance of your school nutrition professionals to our schools and our students.
5. Share your story by taking pictures throughout the year of your staff and food trays while highlighting the wonderful benefits your program offers.

Just in case your school lunch heroes don't know how much they're appreciated - Visit the SNA website to find more ideas to show appreciation: School Lunch Hero Day - School Nutrition Association. Don't forget to share your efforts and success stories on social media using #NationalSchoolLunchHeroDay and #SchoolLunchHeroDay and with the Arrow to Dawn Roth at jbdfroth@aol.com.

MAKE IT, TAKE IT

Another great way to create great memories to add to your story is by sending school nutrition staff to the annual SNA-NC Annual Conference in June 2024. While they're there, make sure they attend the **MAKE IT, TAKE IT** break-out session.

The **MAKE IT, TAKE IT** break-out session is always a popular one! This will provide staff the opportunity to prepare fun ideas to promote National School Lunch Week (NSLW) in October 2024. This annual weeklong celebration brings an opportunity for school districts around the nation to celebrate their programs with special menus, events, student activities, and much more! The **MAKE IT, TAKE IT** break-out session will equip participants with fun ideas to take back to their district to incorporate right away!

Don't forget to register for the conference and mark the **MAKE IT, TAKE IT** break-out session on your schedule! The Nutrition Committee looks forward to seeing everyone at the conference this year!

Pitt County Bulletin Boards



Farmville Central High School
Karen Denise Joyner, Manager



Wintergreen Intermediate School
Lakia Roundtree, Manager



New Horizons Trade Show

Wednesday, June 12, 2024

Should Attend:

School Nutrition Professionals (Not Open to the Public)

TRADE SHOW SCHEDULE

Buyer's Morning for Directors and Supervisors 9:00 am – 12:00 Noon

Managers and Assistant Managers Admitted to Buyer's Morning 11:00 am – 2:30 pm

Trade Show Open 11:30 am – 2:30 pm

*Check out www.schoolnutrition-nc.org
for additional Trade Show information and forms.*



TRADE SHOW ETIQUETTE 101: GET THE BEST FROM YOUR TRADE SHOW EXPERIENCE

Trade shows are beneficial for both exhibitor and attendees. The show presents an opportunity to show new products and services to a large group of individuals at one time.

We encourage active participation and desire that you receive the greatest benefit by being both organized and enthusiastic about your experience. Below are a few tips to help you get the biggest benefit from the annual trade show:

- Rolling Carts - Remember that rolling carts (well really, any bag, cart or suitcase that has wheels) are not allowed on the show floor for any reason. Space is limited and the amount of electrical cording can be quite overwhelming. Wheeled carts present a tripping hazard for yourself and fellow attendees. Please remember that SNA-NC provides you with an adequate bag for storing your samples.
- Consumption of Food – Okay, we get that it's a Food Show; however, it is not an opportunity to fill your home pantry. Accept the provided sample graciously, comment on whether you like it and ask questions if you are interested; however, refrain from "wiping" out the booth's contents regardless of whether you like the product or not. Booths are designed to provide a sample of product to each attendee...not an entire case.
- Tote-bag Etiquette – Many booths offer their own logo tote bags to promote their organization, and who doesn't love a nice bag? The temptation to fill every bag with every item from every booth, whether you will ever need it or eat it, is real. Remember no action ever goes un-noticed and the attendee next to you that gets "smacked" with your bag(s) every time you turn does not appreciate it one bit! Please be kind and gentle and courteous of others when attending the trade show.
- Crowd Control and Extras – Be mindful that the trade show floor is often crowded and hard to navigate. Be courteous to other attendees, use "excuse me, and pardon me, etc." rather than bulldozing your way through the crowd. Also, perhaps the vendor will not comment when you have circled back a half dozen times to sample their product and/or to throw two more dozen donuts into your bag, but don't risk the embarrassment.
- Thank-You – Vendors pay to show you their product, just like you pay to visit with them and learn about their services. Also, please don't assume that anything and everything at the vendor's booth is for "the taking." Please ask before you take anything off of the display. Asking and saying "thank you" for the items they provide, the information they share and the suggestion they offer should never be taken for granted. Those are 2 very powerful words and can open the conversation for the benefit of both parties.

We at SNA-NC hope these tips will help you enjoy your visit to the Conference and will help you better maneuver the Trade Show floor. Let your convention experience be a helpful opportunity to learn, network with peers and grow your School Nutrition program.

SNA-NC Board of Directors Meeting Minutes – February 9, 2024 - Virtual Meeting

The Board of Directors Meeting was called to order at 1:35 pm by **Janet Johnson, President**. Janet welcomed everyone to the meeting and led the board in reciting the SNA-NC Vision and Mission Statements. **Stephanie Hall, President-Elect**, shared the Thought of the Day.

Roll call was completed by **Jamie Narron, Secretary-Treasurer**. A quorum was present.

Janet Johnson, President stated that without objection the agenda would be adopted as printed and would include the items under the Consent Agenda without discussion. Without objection, the February 9, 2024, board meeting agenda was adopted by the Board with **Imer Smith, District II Director**, and seconded by **Tammy Rinehart, Vice President**. **Janet Johnson, President** then delivered the Confidential Proceedings Statement.

FINANCIAL REPORTS

A budget update was provided by **Mary Ann Shoaf, Bookkeeper**.

MEGA DISCUSSION

Janet Johnson, President led the discussion on “*The Future: What’s in our Crystal Ball*”. At the moment there are a small number of SNA-NC members that are credentialed or certified and what are some ways that the Board could increase participation of certified or credentialed members to serve on committees. **Dawn Roth, Executive Director** stated that in the current bylaws, members on committees have one year to obtain their Level I certification. Much discussion and feedback was given from the Board on ways to promote credentialing and the certificate program for SNA-NC members and ways to serve. **Dr. Lynn Harvey, Senior Director, Office of School Nutrition, North Carolina Department of Public Instruction**, said that the Office of School Nutrition would help aid SNA-NC in spreading the message to members on the importance of being credentialed or certified. District Directors will be reaching out to their respected district to get feedback on how to assist members to serve on committees.

ROUTINE BOARD BUSINESS

Robert Rolfe, Public Policy and Legislation Chair provided the Legislative Update. He stated that there is a continuous push for Universal Free meals nationally and that continued advocacy is needed. A meeting within the month is scheduled to work on the State’s advocate message as well as an outreach plan in April for State legislators. The School Nutrition Association Position Paper has been released with the main position points to restart the meal reimbursement that was seen in the previous year, maintain current nutrition standards, and Universal Free Meals for All. The Legislative Action Conference will be held in March. The No Kid Hungry Conference will be held in Chapel Hill on February 27, 2024.

Stephanie Hall, President-Elect, provided the SNA-NC Annual Conference Report. The conference is continuing to be planned with exciting Pre-Cons and sessions being planned.

Dawn Roth, Executive Director, provided the SNA-NC Industry Conference Report that was held on January 29-31, 2024, in Wilmington, NC. There was an all-time high of registration with 185 people registered. The feedback received had great comments on the location, sessions, and trade show. She thanked Platinum Sponsor, NCDA and Bronze Sponsor, Peterson Farms.

Tammy Rinehart, Vice President, presented a proposal of seven bylaws to be updated to align with National. Each of the bylaws were provided to the board for review. A motion to adopt the proposed bylaws was made by **Stephanie Hall, President-Elect**. No second motion was needed since this motion came from the Resolutions and Bylaws Committee.

Ruth McDowell, Leadership Development/Awards Chair presented the Slate of Candidates to be on the ballot for the upcoming election. A motion to adopt the Slate of Candidates was made by **Brian Arrington, District VIII Director**. No second motion was needed since this motion came from the Leadership Development/Awards Committee.

Dawn Roth, Executive Director, presented the Industry Representative nominations. There were six candidates and the board voted for three candidates of their choosing and submitted that securely. All the votes were tallied and the top three candidates with the highest tally will be on the ballot for the upcoming election.

Ruth McDowell, Leadership Development/Awards Chair provided that the committee is steadily receiving nominations and applications for awards. The Reginald Ross Inclusion Scholarship Award and the Lynn Harvey 1st Timers Scholarship Award has been extended until February 12, 2024.

Janet Johnson, President, provided the revised 2023-2024 Calendar Updates.

Dawn Roth, Executive Director, provided the Arrow article list with the deadline at the end of February.

With no further business, **Janet Johnson, President**, declared the meeting adjourned at 3:07 pm.

Minutes respectfully submitted by:

Jamie Narron

SNA-NC Secretary-Treasurer 2023-2025

Scholarships & Awards Update

By Ruth McDowell, Leadership Development/Awards Chair

It's time for you to "Tell Your Story" and be recognized for your outstanding accomplishments as a School Nutrition Professional in North Carolina! SNA-NC offers many opportunities for you to nominate a deserving colleague, or you can nominate yourself. Check out the list below:

IMPORTANT DEADLINES FOR SNA-NC AWARDS AND SCHOLARSHIPS

Mary Long Beasley Award April 30, 2024
 Martha Gomer Spirit Award May 1, 2024
 SNA-NC Scholarship Application . . . May 1, 2024
 Tim Greene Scholarship May 1, 2024

Gene Causby Scholarship May 1, 2024
 Chapter of the Year May 1, 2024
 Lunch Bell Award May 1, 2024
 Partner in Education Award May 1, 2024

Did you know that you can easily apply for these awards and scholarships online? Take the opportunity now to visit our website at www.schoolnutrition-nc.org/AwardsScholarships.aspx and find out the requirements to apply which

also includes the online application form. Be sure to reach out to Ruth McDowell via email at rmcdowell@ecps.us for assistance with navigating the website or application process. Submission of applications will be accepted by email (rmcdowell@ecps.us), mail (Ruth McDowell, Leadership Development/Awards Chair, 311 Jewel Haven Way, Knightdale NC 27545) or online (www.schoolnutrition-nc.org/AwardsScholarships.aspx).

Good luck everyone!

Brunswick Early College students celebrated NSBW



Throwback Thursday in Johnston County

Johnston County served a "Throwback Thursday" menu in their schools in February. The meal consisted of homemade peanut butter and honey jelly, grilled cheese, or warm turkey and cheese sandwiches, homemade vegetable soup, sweet potato waffle fries or roasted sweet potatoes, fresh fruit, and milk. These meals pay tribute to the old school menu so many of us remember and love.



SNA-NC BALANCE SHEET

as of January 31, 2024

Mary Ann Shoaf, SNA-NC Bookkeeper

ASSETS

Currents Assets

Checking/Savings	
B&T	\$132,529.00
Small Business (Tim Greene)	5,387.54
Wells Fargo Business Checking	\$88,313.03
Wells Fargo Money Market	\$28,653.12
Wells Fargo Small Bus MM	<u>\$58,161.19</u>
Total Checking/Savings	\$313,043.88
TOTAL ASSETS	<u>\$313,043.88</u>

LIABILITY & EQUITY

Equity

Retained Earnings	\$300,349.94
Net income	<u>\$12,693.94</u>
Total Equity	<u>\$313,043.88</u>
TOTAL LIABILITIES & EQUITY	<u>\$313,043.88</u>



Legislative Update

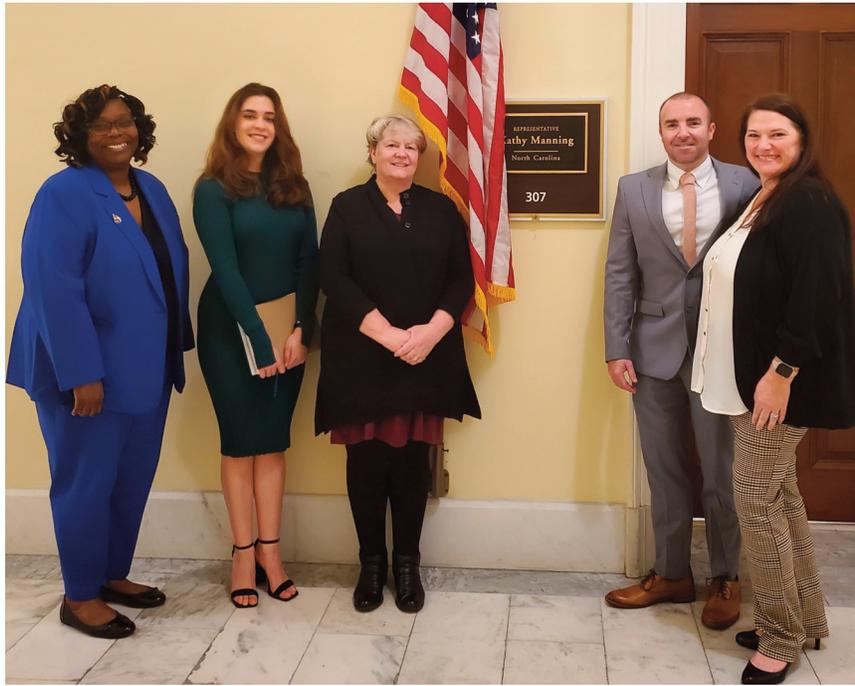
By Robert Rolfe, PP&L Chair

Good tidings to all and I hope Spring is in full bloom wherever you are!

We had 56 SNA-NC members registered for LAC this year, a great showing for our state representing 12 of our 14 congressional districts. This group provides a resounding voice of support for the SNA national position paper as well as promoting awareness of our state's concerns to our national representatives.

It is our hope to schedule a Legislative breakfast to coincide with the short session scheduled for April 24th, 2024. It would be great to contact your local representatives prior to that date to advocate for school nutrition. The main topics of advocacy are to ask for financial support to offset the state mandated wage increases, thanks and consideration of expansion of the CEP incentive grants included in the 2023-24 budget and support for School Meals for All.

The following are resources and opportunities for advocacy: ncallianceforhealth.org/take-action/, ncleg.gov/findyourlegislators and house.gov/representatives/find-your-representative. Any advocacy questions or concerns that I may personally help you with, email snancpl@gmail.com



Endowment Update

By Deborah Davis Carpenter, Endowment Chair

This year the Endowment Committee will offer an off-site session, “The Salad Zone” at The University of North Carolina at Greensboro. This session will give participants a hands-on opportunity to learn the basic techniques of making healthier, nutritious, and extremely appetizing Chef Salads that can be offered as a menu choice for their students. The training will include tips and techniques for making various types of Chef Salads more efficiently and appealing for students to eat and enjoy.

The session will be Wednesday, June 12, 2024, from 7:30 - 10:30 am. The session will be limited to 24 participants (limit is based on UNCG’s Cooking lab). Transportation from the Sheraton to UNCG campus will be provided. Due to the high demand of this session, please remember to sign up early utilizing the pre-registration form found below. Please meet outside under the portico at Entry F at the Sheraton Hotel Wednesday, June 12, 2024 at 7:15 am. The bus will leave promptly at 7:30 am. **Please dress in appropriate kitchen work attire. Slip resistant shoes and head covering are required to participate.**

Pre-Registration for “Tell Your Story at The Salad Zone”

Please complete the form below and send to Deborah Davis Carpenter, Endowment Chair by Friday, May 31, 2024 to secure your spot.

Email: dcarpenter@hcs.k12.nc.us

OR

Mail: Deborah Davis Carpenter
Hoke County Schools
310 Wooley Street
Raeford, NC 28376

Name _____ Membership Number _____

Email Address _____ Cell Phone Number _____

School System _____ School Name _____

“Healthy Kitchen, Healthy You” Educational Mini Session

By Amy Moyer, M.Ed., RDN, LDN, CCMS
Assistant Professor, UNCG

The School Nutrition Association of North Carolina Endowment Committee is excited to present the following educational mini session at this year’s annual conference. The session is co-sponsored by the Nutrition and Dietetics Department at The University of North Carolina at Greensboro. Come learn how Culinary Medicine is leading the way in treating and preventing chronic disease including diabetes, hypertension, and heart disease; effectively known as “The Art of Food and Cooking meets the science of Nutrition and Medicine.” Culinary Medicine allows us to focus on healthier eating but also includes tips and techniques for making meal preparation more efficient and enjoyable for even the most novice cook.

Join the UNCG Dietetic Interns as they prepare an Energy Bite recipe that makes an easy to prepare, portable snack that provides a nutritional punch! See you at our Educational Mini Session.

“Tell Your Story with Gifts of Giving”

By Deborah Davis Carpenter, Endowment Chair



The School Nutrition Association of North Carolina Endowment Committee is requesting your continued support for this year’s Annual Endowment Fundraiser. We would not be able to have funding for our scholarships and trainings that are available through the Endowment Committee without your help. What an awesome opportunity to make so many people excited to share in raising funds for the School Nutrition Association of North Carolina Endowment Fund. Again, this year we want to have a super exciting raffle making lots and lots of money. The Endowment Committee wants to team up with each school chapter requesting you to bring a “*Super Tell Your Story Gift of Love.*” The chapter gift can represent your region of the state of North Carolina or anything you choose. We just need your greatest, most creative, biggest and best gift to help raise lots and lots of money to fund our scholarships and trainings. In addition, we will accept gift cards, small gifts, large gifts, small appliances, artwork, kitchen tools, work tool, garden tools, handmade blankets, handmade quilts, pillows, flower arrangements or anything you want to donate to be in the raffle. Please drop your raffle items off at the beginning of the conference. Location of the Endowment Raffle Room and more details will be at the registration desk. Thank you for your support. You will be assisting SNA-NC members to “Tell Their Story” with funds to support SNA-NC scholarships and trainings. See you at the SNA-NC Annual State Conference with your donated items and money to spend in the Endowment Raffle Room!

NC Child Hunger Leaders Conference



Janet Johnson, WRAL’s Gerald Owen, First Lady Kristin Cooper, Stephanie Hall, and Robert Rolfe on February 27, 2024 in Chapel Hill for the NC Child Hunger Leaders Conference.



District VIII Meeting

November 29, 2023

By Brian Arrington, District VIII Director



The District VIII Meeting was held on Wednesday, November 29 at Mills River Academy in Henderson County. There were 42 attendees representing Buncombe, Haywood, Henderson, and Transylvania Counties who came together for networking, fellowship, dinner and conversation. District VIII Director, Brian Arrington, opened the meeting by welcoming all in attendance and introducing special guests. Stephanie Hall, SNA-NC President-elect and Robert Rolfe, Director of Henderson County Child Nutrition Services, continued by



introducing Dr. Lynn Harvey, Ms. Janet Johnson, SNA-NC President, State Representative Jennifer Capps Balkcom of District 117, Ms. Shelia Dale and Robert Bridges, members of the Henderson County School Board.

The meeting showcased poignant and inspirational speeches from Dr. Lynn Harvey and Ms. Janet Johnson. The theme of Janet's presidency, "Tell Your Story," was represented by both women telling their own stories of how they entered the field of Child Nutrition and what it has meant to them to serve the children of North Carolina.

The dinner and dessert were made by District 8 Director, Brian Arrington, and was filled with rousing conversation and many delightful laughs. All guests received a gift bag and door prizes were awarded at the end of the meeting, as well as gifts of appreciation to Dr. Lynn Harvey and Ms. Janet Johnson. The evening concluded with Brian thanking all who attended and wishing them a safe trip home.



Brunswick County SNA

The Brunswick County SNA's Christmas meeting involved lots of cookies and an apron contest. It was a cheerful time together with lots of fun.



Request for Absentee Ballot

This form must be used when making a request for an Absentee Ballot.

Please be sure to print all information. Email (Preferred) or Mail to Chairman of the Tellers

Name _____

Address _____

City _____ State _____ Zip _____

Membership ID # _____ (Required)

Email _____ Cell _____

SNA-NC District # _____

Chapter Name _____

School District _____

Signature _____

All requests must be postmarked on or before Friday, May 10, 2024, or received via email on or before Friday, May 10, 2024. If you are requesting via email, please put "Request for Absentee Ballot" in the subject line, then attach this form completed.

Email: jenniferessick@davidson.k12.nc.us
(Preferred)

OR Mail to: Chairman of the Tellers
Lynn Essick
308 Byerly Road
Lexington, NC 27295

COUNTRY STORE APPLICATION

Make plans now to have a table in the Country Store during Annual Conference. Your chapter will be able to sell items and raise funds. **The fee for a table is \$50.00.** Complete the following application and send it along with a \$50 check made payable to SNA-NC to:

Jamie Narron
SNA-NC Secretary-Treasurer
8160 NC Hwy. 39
Middlesex, NC 27557

Request for Country Store table at Annual Conference:

Chapter Name: _____

Chapter President: _____

Address: _____

Phone: _____ Cell: _____

E-mail: _____

*There will be a limited number of tables available for the Country Store.
The first six paid chapter applications will receive a table, with only one table permitted per chapter.*

#ISupportSNA

By Sheryl Harris, Membership Chair

Membership Starts with Me: #ISupportSNA

As SNA members, you are part of a nationwide network of more than 50,000 dedicated school nutrition professionals. The #ISupportSNA is this year's School Nutrition Association's membership approach to have one (1) randomly selected winner for each month from August 2023 thru May 2024. Visit the SNA Website for more details on monthly prizes at Membership Recruitment - School Nutrition Association.

100% Membership & 100% Certified Schools

At our 2024 SNA North Carolina State Annual Conference in June, we will honor the 100% Membership and the 100% Certified schools. Schools that are 100%

Membership and/or 100% Certified Members will receive an email asking for a photograph(s) of the school staff for a PowerPoint presentation that will show at the beginning of all general sessions during the conference. Please e-mail your digital picture to me by no later than May 1, 2024. We would love to share all your successes this year!

Membership starts with



#ISupportSNA



STAR CLUB

SNA is the strong organization it is today because of members, like you, who recognize the value of SNA membership and dedicate themselves to the association and its mission. The Star Club is a way for SNA to recognize and thank members who recruit and retain SNA members. Every time a member's name is listed on a new member application as the referrer, that person receives one credit – and an additional credit is earned for every year that member renews.

Star Club members are recognized throughout the year, including special recognition at SNA's Annual National Conference. In addition, a gift of appreciation is awarded for each time a member reaches the next Star Club level.

Chapter of the Year Award

It is that time of the year again! I know everyone has worked hard to keep their local chapter active with activities surrounding these years' trials. For those of you who have been documenting your work, it is time for you to consider entering the Chapter of the Year Award. You will find the criteria for entering in the 2023-2024 Chapter Leadership Manual or on our website, www.schoolnutrition-nc.org. Scrapbook entries must be received by May 1, 2024. Send your Chapter of the Year Scrapbook to:

Ruth McDowell, SNA-NC Leadership Development/Awards Chair

Edgecombe County Schools
311 Jewel Haven Way
Knightdale, NC 27545
252-641-2636 (w)
mcdowell@ecps.us



School Nutrition Association of North Carolina
Actual v. Budget • Fiscal Year Ended June 2023

	TOTAL		
	Actual	Budget	Variance
Income			
301 State Dues	26,780.50	30,000.00	-3,219.50
302 Sustaining Members	32,000.00	31,000.00	1,000.00
306 Annual Meeting	117,058.23	121,000.00	-3,941.77
307 Trade Show	169,710.00	161,900.00	7,810.00
308 Chapter Leadership	0.00	0.00	0.00
309 SNA-NC Legislative Day	0.00	0.00	0.00
310 Industry Seminar	0.00	0.00	0.00
311 District Directors Orientation	0.00	0.00	0.00
317 District 1 Meeting	1,542.00	1,000.00	542.00
318 District 2 Meeting	840.00	1,000.00	-160.00
319 District 3 Meeting	900.00	1,000.00	-100.00
320 District 4 Meeting	420.00	1,000.00	-580.00
321 District 5 Meeting	195.00	1,000.00	-805.00
322 District 6 Meeting	339.00	1,000.00	-661.00
323 District 7 Meeting	264.00	1,000.00	-736.00
324 District 8 Meeting	481.00	1,000.00	-519.00
330 Fund Balance Transfer	0.00	0.00	0.00
331 Ways & Means	0.00	0.00	0.00
332 Miscellaneous	220.00	0.00	220.00
333 Interest Bank Accounts	101.57	1,000.00	-898.43
334 Silent Auction	3,293.00	2,500.00	793.00
335 NAC	0.00	0.00	0.00
337 SNA Foundation	0.00	0.00	0.00
338 Publicity	0.00	0.00	0.00
339 Tim Greene	0.00	2,500.00	-2,500.00
340 Special Projects	0.00	0.00	0.00
341 Grants	0.00	0.00	0.00
342 BIC Grant	0.00	0.00	0.00
343 NCAH GRANT	0.00	0.00	0.00
344 JR Chef/DPI REV	10,877.58	0.00	10,877.58
Total Income	365,021.88	357,900.00	7,121.88
Gross Profit	365,021.88	357,900.00	7,121.88
Expense			
401 Arrow Expenses	53,853.52	42,000.00	11,853.52
402 Scholarships	3,000.00	4,000.00	-1,000.00
403 Office Expenses	10,474.16	7,000.00	3,474.16
404 Pins and Certificates	10,472.70	11,000.00	-527.30
405 Web Site	1,075.00	1,000.00	75.00
406 Scholarship (Tim Green)	1,500.00	2,500.00	-1,000.00
411 President	300.00	700.00	-400.00
412 President-Elect	0.00	100.00	-100.00
413 Vice President	0.00	100.00	-100.00
414 Secretary	0.00	0.00	0.00
415 Treasurer	0.00	0.00	0.00
416 Board of Directors Meeting	1,388.93	1,500.00	-111.07
417 Liability Insurance	1,684.00	2,000.00	-316.00
418 Executive Director	5,619.95	5,600.00	19.95
421 SNA Legislative Conference	3,374.76	3,500.00	-125.24
422 SNA Leadership Conference	4,714.02	5,000.00	-285.98

School Nutrition Association of North Carolina
Actual v. Budget • Fiscal Year Ended June 2023

	TOTAL		
	Actual	Budget	Variance
423 SNA SNIC	2,773.06	2,500.00	273.06
424 SNA Annual Conference	4,149.35	9,000.00	-4,850.65
431 SNA-NC Annual Conference	88,887.97	75,000.00	13,887.97
432 Strategic Planning Day	0.00	0.00	0.00
433 Committee Day	2,727.02	3,500.00	-772.98
434 Chapter Leadership	0.00	0.00	0.00
435 SNA-NC Legislative Conf	0.00	0.00	0.00
436 Trade Show	55,233.23	55,000.00	233.23
437 SNA-NC Industry Seminar	0.00	0.00	0.00
438 District Director Meeting	1,670.00	1,400.00	270.00
439 State Fair	0.00	0.00	0.00
441 Nutrition	187.26	400.00	-212.74
442 Education/Certification	0.00	0.00	0.00
444 Endowment	0.00	0.00	0.00
445 Membership	100.00	0.00	100.00
446 Nominations	0.00	0.00	0.00
447 Public Policy and Legislation	1,477.76	2,000.00	-522.24
448 Advisory Committee	0.00	0.00	0.00
448 Industry Advisory Committee	0.00	0.00	0.00
449 Resolutions and Bylaws	0.00	0.00	0.00
450 Marketing	0.00	0.00	0.00
451 JR Chef/ DPI EXP	2,868.37	0.00	2,868.37
456 District 1 Meeting	293.30	400.00	-106.70
457 District 2 Meeting	560.07	400.00	160.07
458 District 3 Meeting	0.00	400.00	-400.00
459 District 4 Meeting	102.43	400.00	-297.57
460 District 5 Meeting	222.74	400.00	-177.26
461 District 6 Meeting	120.92	400.00	-279.08
462 District 7 Meeting	66.63	400.00	-333.37
463 District 8 Meeting	453.77	400.00	53.77
471 Coalition Memberships	0.00	0.00	0.00
472 Publicity	500.00	1,000.00	-500.00
476 Executive Director Salary	75,499.92	75,500.00	-0.08
478 Lobbyist Payment	26,400.00	26,400.00	0.00
479 Parliamentarian	0.00	0.00	0.00
480 Bookkeeper Salary	6,500.00	6,500.00	0.00
481 Media Specialist	2,000.00	2,000.00	0.00
485 Miscellaneous	150.00	500.00	-350.00
486 Audit & Accounting	4,235.00	4,000.00	235.00
487 Ways & Means Purchases	0.00	0.00	0.00
488 Silent Auction	70.65	0.00	70.65
489 Endowment	0.00	0.00	0.00
490 SNA Foundation	0.00	0.00	0.00
492 Nova Services Fee	6,927.00	4,000.00	2,927.00
494 Grants	0.00	0.00	0.00
495 BIC Grant Expense	0.00	0.00	0.00
496 NCAH GRANT EXPENSE	0.00	0.00	0.00
Total Expense	381,633.49	357,900.00	23,733.49
Net Income	-16,611.61	0.00	-16,611.61

Welcome New Members – We welcome each new member.

The following joined our association in November 2023 through February 2024.

DISTRICT 1

- 23 New Members

1700 Eliz City Pasq SNA

Pam Balance

Barbara Troup

1740 Pitt County SNA

Destiness Avery

Charis Blount

Nicole Carr-Cogdell

Janet Castillo

Jacquetta Cox

Latasha Dupree

Dominique Edwards

Jasmine Ferguson

Kenya Harris

Anisha Hemby

Teresa Jones

Chelsea Justice

Jamie Little

Kewanna McCotter

Lecreasha Mears

Chanella Monroe

Alberta Moore

Tammy Moore

Cynthia Moye

Mitchell Vanderpool

Yvette White

DISTRICT 2

- 19 New Members

2100 Brunswick Co SNA

William Wilson

2250 Craven Co SNA

Kelli Cattiere

Jessica Eller

Benjamin Estorge

Julia Fleming

Maria McGraw

Darlene Rush

Jeannie Sheppard

Noah Trogon

Jessica Vealey

2310 Duplin County SNA

Amanda Banks

Shawnte Damon

LaShonda James

Melissa Miller

Valerie Pearsall

Eilene Powell

Stephanie Smith

2400 Greene County SNA

Carla Francis

2670 Onslow County SNA

Adam Fields

DISTRICT 3

- 6 New Members

3320 Durham Co SNA

Nekia Chalmers

3920 Wake Co SNA

Bertha Zuniga

Juvenile Justice

Nathan Junell

NCDA

Michael Dennis

Debra Harmon

Charles Wood

DISTRICT 4

- 25 New Members

4090 Bladen Co SNA

Kimberly Smith

4260 Cumberland Co SNA

Aleitha Blacknall

Cira Gordan

Kendra Sowell

Aimee Thompson

Ryan Ullman

4470 Hoke Co SNA

Deloris Byrd

Bre-On Calloway

Jasper Daniels

Barbara Jones

Jerry Locklear

Valyncia London

Jessica McBryde

Leslie McLean

Brandi McMillian

Emma McPhaul

Teresa McQueen

Melanie Morrison

Latoya Stevens

Brandon Strong

Anthony Williams

4770 Richmond Co SNA

Bruce Webb

4780 Robeson Co SNA

Carly Hammonds

Kimberly Lowry

Tiffany McIver

DISTRICT 4

- 22 New Members

5290 Davidson, Lexington,

Thomasville

Mandy Buchko

Gloria Gower

Angie Nelson

Tamara Perkins

Anita Stone

Tabatha Weaver-Williams

5760 Randolph Co SNA

Tamara Billiot

Christopher Bjerck

Elizabeth Brown

Charmain Ellison

Cynthia Jarvis

Angela Johnson

Sydney McCall

Sabrina Mills

Taylor Owens

Jordan Piner

Krystal Reece

Elaine Robarge

Lori Simmons

Erica Spencer

Ashley Tysinger

Melinda Wheeler

DISTRICT 6

- 14 New Members

6130 Cabarrus Co SNA

Kristi Camp

Raquel Rodriguez

6600 Charlotte Meck SNA

Danielle Corbin

Shameka Lawing

Ashley Lovetere

6800 Rowan Salisbury SNA

Ines Bo

Patricia Dakins

Gregory Fortner

Angela Fraley

Angela Greer

Alexandrea Oddie

Lisa Qualls

Christine Trexler

Lisa Waggoner

DISTRICT 7

- 25 New Members

7020 Alexander Co SNA

Martha Brown

Lucy Clanton

Margie Duncan

Tashna Harrington

Gerri Howell

Rita Huffman

Shavonne Hurely

Jodi Hussain

Janice Kever

Deidra Kenworthy

Kayla Luffman

Danielle Mooney

Julie Morales

Pam Queen

Elizabeth Roberts

Ashley Smith

Tiffany Smith

Jane Spraugh

Jeanie Travis

Brandi Wadsworth

Mary Lynn Watts

Sherrie Yow

7120 Burke County SNA

Tiffany Epstein

7180 Catawba, Hickory,

Newton-Conover

Cynthia Brittain

Cheryl Wilson

DISTRICT 8

- 1 New Member

8440 Haywood Co SNA

Sheri Donaldson

New Bern High School Celebrates Black History Month



Affiliated Chapters and Chapter Presidents for 2023 - 2024

The following is a list of Chapters and their Presidents that have re-affiliated for this year.

DISTRICT 1

Dare – Lindsay Bailey
Elizabeth City/Pasquotank – Crystal Turner
Pitt – Tammy Best Grimes

DISTRICT 2

Brunswick – Nancy Mintz
Craven – Michelle Cannon
Duplin – Michael Ashley
Lenoir – June Rich
New Hanover – Cynthia Boulay
Onslow – Nicole Glowner
Sampson – Shirley Blackman
Wayne – Shanuya Coley-Moore

DISTRICT 3

Edgecombe – Carol Lee
Johnston – Muriel Brooks
Nash – Wanda Bone
Wake – Jessica Jones
Wilson – Emily Bunn

DISTRICT 4

Bladen – Melony Edwards
Cumberland – Shayla Bannister
Hoke – Felicia Delbridge

Richmond – Agnes Lee
Robeson – Harrison Branch
Scotland – Maudie Parsons

DISTRICT 5

Randolph – Shelby Smith
Rockingham – Janet Baughn
Stokes – Jessica Southard

DISTRICT 6

Cabarrus – Amanda Simpson
Lincoln – Donna Shuford
Charlotte-Mecklenburg – Regina Tilghman
Union – Amy Stanley

DISTRICT 7

Alexander – Christina Cutsinger
Davie – Margaret Radford
Catawba, Hickory, Newton-Conover - Kelly Buff
Surry, Elkin, Mt Airy – Rhenda Miller
Wilkes – Shirley Anderson

DISTRICT 8

Buncombe – Mary Hackney
Haywood – Angela Pless
Henderson – Gail Weams

Is your chapter missing?

Re-affiliation forms are available at www.schoolnutrition-nc.org

Email your re-affiliation form to: Dawn Roth jbdfroth@aol.com

Remember to e-mail a copy of your chapter bylaws to Dawn Roth.

Newly Certified Members

Congratulations to the following members that earned the SNA Certificate during August 2023 through February 2024.

DISTRICT 1

1700 Elizabeth City-Pasquotank SNA
Alison Rollins
1460 Hertford Co SNA
Judith Hoggard

DISTRICT 2

2250 Craven Co SNA
Benjamin Estorge
2540 Lenoir Co SNA
Rebecca Davis
Monique Finch

Mary Hardy
Kim Howell
Sheila Koonce
Kandace Hardy
2650 New Hanover Co SNA
Billy Nease
2310 Duplin Co SNA
Katrina Chavis
Sherry Lynn Murphy

DISTRICT 3

Henderson Collegiate
Sheila Kelley
Angela Taylor-Murphy

DISTRICT 4

4470 Hoke Co SNA
Chela Scott

DISTRICT 6

6360 Gaston Co SNA
Angela Patterson

Another Look at LAC



School Nutrition Association of NC Annual Conference Individual Registration Application
June 12-13, 2024 • Greensboro, Koury Convention Center

1. Please complete the information below. Please print or type.

Membership Number: _____ (Find on your membership card)

Circle Title: Assistant Asst. Manager Manager Supervisor Director Guest Other: List Title

First Name: _____ Initial: _____ Last Name: _____

Address: _____

City/State/Zipcode: _____

Work Phone: _____ Cell: _____

Email: _____ School System: _____

2. Early Bird Registration forms (with payment) postmarked on or before May 10, 2024

	EARLY BIRD	REGULAR	
TOTAL PACKAGE CONFERENCE REGISTRATION	Member	Member	Non-member
Includes Trade Show, All General Sessions, Educational Mini Sessions, Banquet and Tote Bag	_____ \$160.00	_____ \$175.00	_____ \$300.00
Note: The Banquet is Included in the total package but you MUST check the banquet to get a ticket to attend.			
Will you attend the Banquet? Yes ___ No ___	Special Meal Requirements: _____		<i>Vegetarian or Gluten Free Only</i>
Onsite Total Package Registrations will not include the Banquet.			
TRADE SHOW ONLY	Member	Member	Non-member
Trade Show Only (Wednesday)*	_____ \$100.00	_____ \$105.00	_____ \$175.00
<i>*(Trade Show is included with all other registration. This badge only permits entrance to Trade Show and a Tote Bag.)</i>			
ONSITE TRADE SHOW ONLY	MEMBER _____	NON-MEMBER _____	
	\$125.00	\$200.00	
EXTRAS NOT INCLUDED IN PACKAGE OR DAILY REGISTRATION FEES			
President's Luncheon (Thursday)	_____ \$45.00	_____ \$50.00	_____ \$60.00
Guest Banquet Tickets (Thursday Night)	_____ \$75.00	_____ \$80.00	_____ \$80.00
Chapter Leadership Conference (June 11, 2024)	_____ \$15.00	_____ \$15.00	_____ \$25.00
TOTAL ENCLOSED	\$ _____	\$ _____	\$ _____

Please answer the following questions:

1. Is this your First Annual SNA-NC Conference? _____ Yes
2. Are you the Chapter President for the 2023-2024 year? _____ Yes

Mail form and check or money order (Do not send cash) by June 5, 2024 to:
SNA-NC, 2318 N. Elm Street, Greensboro, NC 27408
(Payment MUST Accompany Registration)
Make checks payable to School Nutrition Association of NC (No Refunds)
REGISTER FOR TRADE SHOW ON-SITE AFTER JUNE 5, 2024

Credit Card Payment: (Please circle one) **MASTERCARD** **VISA** **AMEX**

PRINT Name on Card: _____

Credit Card Number: _____ Expiration Date: _____

Signature: _____ Security Code on Card: _____

Billing Address: _____

Email Address for Receipt: _____

SNA of NC Industry Partners

The following Sustaining Members are an important part of our Association. Please invite them to your district and chapter meetings and let them know how much you appreciate their services and products.



AccuTemp Products
 Acxion Foodservice
 Affinity Group Southeast
 AMA of the Carolinas
 Beacon Sales Group
 Beverage Air/Victory Refrigeration
 Brakebush Bros., Inc.
 Butterball LLC
 Carolina Foodservice Solutions, Inc.
 Cohen Food Service, Inc.
 Conagra
 Corbett Brothers Farm, LLC
 CORE Foodservice
 Cybersoft Technologies, Inc.
 DeConna Ice Cream Co., Inc.
 Denver Equipment Co. of Charlotte, Inc.
 DeWafelbakkers
 Diversified Foods, Inc.
 Dole Packaged Foods
 Domino's Pizza
 Food Sales East
 General Mills Foodservice
 Gilbert Foodservice, Inc.
 Gold Creek Foods
 Gordon Food Service
 Griffin Marketing Group, Inc.
 Heartland School Solutions
 Hershey's Ice Cream
 House of Raeford
 HPS
 i3 Education
 Idahoan Foods, LLC
 International Food Solutions
 ITW Food Equipment Group
 J & J Snack Foods
 JJ Foods, LLC
 JTM Food Group
 Kellanova
 Kent Quality Foods, Inc.
 Kitchen Resource Group
 Land O'Lakes/Beyond Meat
 LeBleu Corporation
 Lindox Siegel
 Lindy's Homemade, LLC
 LINQ
 Los Cabos/MCI Foods, Inc.

Maola Dairy
 Marson Foods
 Master Marketing Carolinas
 My Mochi
 Nardone Bros. Pizza
 National Food Group/Zee Zees
 NCDA&CS-Food Distribution
 NC DPI-Office of School Nutrition
 NC Egg Association
 NCDAC Correction Enterprises
 Palmetto Gourmet Foods
 Pepsi-Cola Bottling Co of Hickory
 PepsiCo Foodservice
 Peterson Farms Fresh, Inc.
 Pilgrim's-GoldKist
 Pride of the Morning
 Proteam Foodservice Advisors
 ProView
 R & H Produce Company, Inc.
 Raisels
 Read's Uniforms
 Rich Chicks, LLC
 Rich Products
 S.A. Piazza (Wild Mike's)
 Schwan's Company
 SEA Level Social
 SFSPac
 Simplot Foods
 Singer T&L
 Smart Foods 4 Schools
 StarKist Company
 Stillwater Provisions
 Suncup Juice
 Swanson-Girard Associates
 Tasty Blend Foods/Snak Time
 Taylor Farms Tennessee
 TekVisions, Inc.
 The Dairy Alliance
 Trident Beverage, Inc.
 United Restaurant Equipment Co.
 VIRCO
 Waypoint
 Wesby's Products & Services
 Yang's 5th Taste





NATIONAL AND STATE NEW MEMBER APPLICATION

Member ID _____

① Have you ever been a SNA member? Yes No

② First Name _____ Last Name _____

③ Email _____ Job Title _____

④ School District _____ ⑤ School Name _____ ⑥ Chapter No. _____

⑦ Work Phone _____ Home Phone _____

⑧ Work Mailing Address (Please indicate preferred mailing address Work Home)

Address _____ Suite _____

City _____ State _____ Zip _____

⑨ Home Mailing Address

Address _____ Suite/Apt _____

City _____ State _____ Zip _____

⑩ Who referred you to SNA? First Name _____ Last Name _____ (Optional) Member ID: _____

⑪ Membership Category (Check either individual membership or school district/state agency membership (SDM). See back for description)

National Dues

Member Categories	Individual Membership	School District/State Agency Membership
SN Employee	\$40 <input type="checkbox"/>	\$40 <input type="checkbox"/>
Student	\$40 <input type="checkbox"/>	N/A
Retired	\$40 <input type="checkbox"/>	N/A
SN Manager	\$42 <input type="checkbox"/>	\$42 <input type="checkbox"/>
District Director/Supv/Spec	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
Major City Director/Supv/Spec	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
State Agency Director and Staff	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
Nutrition Educator	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
Other	\$143 <input type="checkbox"/>	\$143 <input type="checkbox"/>
Affiliate Employee	\$20 <input type="checkbox"/>	N/A
Affiliate Retired	\$20 <input type="checkbox"/>	N/A

⑫ Employed by? Public School Private Management Company
 Private School CACFP

⑬ Does your employer pay your dues? Yes No

⑭ Are you responsible for school nutrition operations in your school district? Yes No

National, State Dues and Processing Fee are required.

⑮ NATIONAL DUES \$.

NC ⑯ STATE DUES* \$.

⑰ PROCESSING FEE \$ 3 . 0 0

⑱ TOTAL DUES \$.

⑲ Tax-deductible contribution to SN Foundation \$.
 ___\$10 ___\$25 ___\$50 ___Other

⑳ TOTAL PAYMENT \$.

⑯ Your STATE DUES are: (Record state dues in the space provided on right) * Select one.

\$5.50 STU/RET/AFR/AFE \$7.50 SNE
 \$11.50 SNM \$18.50 DDS/MCD/SDS/EDU/OTH

㉑ For credit card payment, please visit www.schoolnutrition.org

㉒ Individual Membership Signature _____ Date _____

For SDM multiple applicants, you may use a spreadsheet found at www.schoolnutrition.org/sdm.

See reverse side for important information.

Dues subject to change.

㉓ FOR SCHOOL DISTRICT MEMBERSHIP (SDM) ONLY

SDM Main Contact Name _____

(Optional) SDM Main Contact Member ID _____

Email _____

Business Phone Number _____

Return this form with your check or money order made payable to SNA.
 Mail application to SNA Depository PO Box 719297, Philadelphia, PA 19171-9297

SNA National and State Membership Application Guidelines

Membership Application for Individual and School District Memberships.

Instructions for completing the front of this application:

1. Please indicate if you have ever been a SNA member.
2. Print your full name as you would like it to appear in your membership record and on your membership card.
3. Print your email address and job title. All SNA members automatically receive emailed information related to the organization.
4. Print your current school district.
5. Print your current school name.
6. If you know your local chapter number, please fill in.
7. Print your work and home phone number.
8. Print your work mailing address.
9. Print your home mailing address.
10. Print full name of member referrer who introduced you to SNA (only needed for new members). This will give the person credits for Star Club and annual membership campaign drives. Optional: Include referrer's SNA member ID.
11. Please review the membership categories listed. Check one that best describes your position. **School District/State Agency Membership (SDM) is a membership managed or coordinated by the school district/state agency and can be transferred to another individual in the same membership category. Please check with your district to see if you are eligible for SDM.**
12. Please check if you are employed by public school, private school, or private management company.
13. Please indicate if your employer pays your dues.
14. Please indicate if you are responsible for school nutrition operations in your school district.
15. Record your national dues based on membership category checked.
16. Record your state dues based on the dues listed on left side of application under "Your state dues are:"
17. All applications must include the processing fee.
18. Please add national, state dues and processing fee amounts. This is the total dues amount to be paid. Applications with incorrect total amount will be returned resulting in a delay of member benefits.
19. Record your optional contribution to the School Nutrition Foundation. The School Nutrition Foundation is a 501(c)(3) organization and donations are tax deductible. Your contribution of \$10 or more will be acknowledged by the School Nutrition Foundation.
20. Add national dues, state dues, processing fee and any optional contributions. This is the total payment.
21. If paying by credit card, please visit www.schoolnutrition.org.
22. This box must be completed for SDM applicants.
23. Please sign and date your completed application. Required for individual membership only. Mail your application and payment to SNA, SNA Depository PO Box 719297, Philadelphia, PA 19171-9297

Membership dues cover a full year of member benefits. Processing of application takes approximately two to four weeks from receipt of payment. Once application is processed, new members will be able to access and print their membership card by logging in at www.schoolnutrition.org.

Dues Category	Membership Category	Description	Individual Membership	School District/State Agency Membership
SNE	School Nutrition Employee	Cooks, chefs, bakers, bookkeepers, technicians, assistants, etc.	\$40	\$40
STU	Student	Full-time students enrolled in post-secondary nutrition, health or other food related program. Does not include right to vote.	\$40	N/A
RET	Retired	Retired Members.	\$40	N/A
SNM	School Nutrition Manager	Managers, head cooks, head chefs, assistant managers.	\$42	\$42
DDS	School Nutrition Director, Supervisors, Specialist, Executive Chefs	Working in a school nutrition program at the school district level.	\$143	\$143
MCD	School Nutrition Director, Supervisor, Specialist (Major City)	Working in a school nutrition program where the school district enrollment is 40,000 or more or city population is 200,000 or more.	\$143	\$143
SDS	State Agency Director, Supervisor, Specialist	Working in state office for child nutrition programs, including nutrition education.	\$143	\$143
EDU	School Nutrition Educator	Faculty working in a college/university setting.	\$143	\$143
OTH	Other	Principals, Superintendents, Teachers, etc. Does not include right to vote.	\$143	\$143
AFE	Affiliate Part-Time Staff (less than 4 hours daily)	Optional membership category for retired or part-time school nutrition staff. Does not include a subscription to <i>SN</i> magazine or the right to vote in the annual SNA election.	\$20	N/A
AFR	Affiliate Retired		\$20	N/A

Note: Contributions or gifts to SNA are not deductible as charitable contributions for federal income tax purposes. Contributions to the Foundation are deductible for IRS purposes. \$2.00 of your national dues is used for your subscription to the *SN* magazine.

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SNA-NC 2023-24

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**Educate, empower, and advocate for the school nutrition professionals
to advance the integrity, the accessibility, and quality of school nutrition programs.**